City of Columbus
Heart Walk Team

JOIN THE CITY OF COLUMBUS 2014 HEART WALK TEAM!

Raise awareness and funds for a great cause, and compete against other City departments for prizes!

By the time you finish reading this letter, two Americans will have died from heart disease. In the next 40 seconds, someone will suffer from a stroke. As the No. 1 and No. 4 killers of all Americans, it is a sad fact that no one can escape being touched by heart disease or stroke in some way.

The Central Ohio Heart Walk is a fun, family event and a great team building opportunity. Participants of all ages join in a non-competitive 1- or 3-mile walk and there is no registration fee or minimum fundraising goal – all are welcome!

Team Captains

All team captains receive a 2014 City of Columbus Heart Walk team t-shirt

Walkers and Supporters

Raise $15 or more get a 2014 City of Columbus Heart Walk team t-shirt.

Fit Bit and $50 iTunes Gift Card Drawings For:

⇒ Walkers that send 10 emails or more from the heart walk website
⇒ Department Leaders with the highest percentage of walkers from their department
⇒ Top fundraiser

Contact Brandon Kimbro (btkimbro@columbus.gov) for more information!

THE CITY OF
COLUMBUS
MICHAEL B. COLEMAN, MAYOR

DEPARTMENT OF
HUMAN RESOURCES

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